

POLICY - 2013

Healthy Eating

Rationale:

The Rye Primary School Council has drafted a Healthy Eating Policy for the student's at Rye Primary School. We are very aware that foods with high sugar content, preservatives, additives and food colouring can have an adverse effect of the behaviour, concentration and weight of young children. While we understand that occasional foods used in the home are a treat for children we are concerned that some foods are not appropriate at school.

Aims:

To encourage and support our students in making healthy eating choices.

Implementation:

The following items of food are not allowed to be consumed at school.

- Carbonated soft drinks
- Cordial
- Caffeinated energy drinks
- Take away fast food
- Chewing Gum

Students who bring the above items into school will have them confiscated and parents will be contacted.

Evaluation:

Reviewed Annually

Endorsement:

Passed by the following:

School Council

2013

Signed: Principal:

Mark Warner: _____

School Council President _____

Name: _____

